

AVT BUSINESS
SCHOOL



WILDERNESS PERSONAL LEADERSHIP JOURNEY

A PERSONAL DEVELOPMENT STUDY TOUR TO SOUTH AFRICA

NOVEMBER 2023



WILDERNESS PERSONAL LEADERSHIP JOURNEY PURPOSE & LEARNING OUTCOME

Leadership comes in multiple colors, being able to inspire and grow ... self, people and the wider community where your business operates.

Purpose of the program is multi-faceted, but has a natural focus on personal awareness, clarity of own priorities, and building authenticity.

Learning outcomes are many, different, and individual. You will be moving into uncharted territory - leaving your comfort zone for a short period of time. Connecting and reconnecting with true wilderness has a profound impact on souls. Be immersed in rural communities with extreme and different socio-economic challenges generate reflections, perspectives, and understanding. You will step into the unknown and receive inspiration and even more questions to the complexity of life.

"THE PEACE I FOUND OUT THERE, AS WELL AS THE PEACE I CAN FIND WITHIN AND WITH MYSELF, GIVES ME POWER AND CLARITY IN MY DAILY LIFE"

Christoffer Riis, Publicis Sapient

Why should anyone be led by you? What is your purpose, do you make a difference, and for who? What path are you taking? Essential questions, not easy to answer but worth searching for.

AVT Business School is proud to announce that this intimate study tour will take a close look at your personal leadership track and challenge you at various levels - personal as professional. You will be immersed in a nation that has been touched by giant leaders like Gandhi and Mandela - be prepared to be inspired. Where does your inner compass lead you?

"What counts in life is not the mere fact that we have lived; it is what difference we have made to the lives of others that will determine the significance of the life we lead " - Nelson Mandela



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MARIA KANHLO

*FOR ME, THE ENTIRE
JOURNEY WAS AN
OUT-OF-BODY
EXPERIENCE, AND
EVERY ASPECT OF IT
TAUGHT ME
SOMETHING NEW*

NORDEA

“

Wilderness Personal



Leadership Journey



Wilderness Trail

AVT will introduce you to the concept "Wilderness Trail", which will open your mind, expose humility, strengthen personal courage and challenge your leadership foundation.

The trail will offer a unique experience. A rare chance to exist for a period in the original, simple atmosphere of the extraordinary wilderness. Trailists are exposed to an enlightenment of the connectivity of the natural environment and the animal and human species.

- **This trail is not a hike.** It is not a safari. It is not a personal endurance test.
- **This wilderness trail is a deeply profound experience** that is very difficult to articulate. For some, it's a life changing, deeply spiritual experience, for others it's about reconnecting with nature and themselves, whatever the outcome.

This journey is more than seeing wildlife; it's about being embedded in South Africa, about leaving the craziness of the modern

world behind. For a few days live like many generations before you did to allow you to reflect on your leadership values and behavior. Get recharged!!

On arrival in the wilderness area, the group will leave the vehicles and begin on foot for the rest of the trail, 5 days. The group will carry all possessions, provisions, and food for the rest of the trail period. There is a sense of satisfaction at being able to live off your own energy during the trail and not having to rely on any other means of transport or other facilities. Places to camp are chosen for their beauty and

practicality. Often you can sit in camp and watch animals going about their lives oblivious to the humans sitting nearby. Mostly, we camp near water to ensure a ready water supply.

Safety

Your guides are some of the most experienced in South Africa, specially trained for your safety, and also to facilitate your wilderness experience and give you deep, meaningful insight into the wilderness area. Your guides are certified to ensure your safety during encounters with wildlife such as Rhinos, Lions, Elephants, Buffalos and other when on foot. Allowing you to explore and experience the country at firsthand. All participants will fill in an indemnity form before leaving.

A digital detox



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MAGNUS VAGTBORG

...A POWERFUL REMINDER OF THE IMPORTANCE OF SELF-REFLECTION AND MINDFULNESS, WHICH IS WHY I STRONGLY RECOMMEND THIS PROGRAM TO ANYONE WHO WANTS TO STEP BACK AND REFLECT ON THEIR LEADERSHIP SKILLS AND PERSONAL DEVELOPMENT

UNITED TAX NETWORK

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What to expect?

AVT and local partners have created a unique opportunity to live and connect with a world not known to many. This personal leadership journey will take you, among many places to people impacted by living conditions worlds apart from the privileged societies to learn and share insights. This is also a chance to bring you deep into the natural world, where only few have ever left a footprint – an opportunity to return to the human mankind's natural habitat and re-wild yourself and get inspired by the rhythm of nature.

Rejuvenated leadership awareness

- **Extraordinary experiences** from first foot on the African soil
- **Rural communities and Wilderness overnights.** From homestays where you live, eat, and connect with local families to self-made wilderness camps in the oldest nature reserve in Africa. Only bringing what you are carrying to feed you well and provide a good night.
- **Night watching** – all participants stand watch during the night for an hour or so. This is to ensure the safety of those sleeping and to check animal movement near the camp. A special time to be immersed with the African night sky, reflect on the trail, life and beyond.
- **And much more ...**

16 November, Day 1

Flying from Copenhagen to South Africa

17 November, Day 2

Arrival in Durban, hotel & welcome

18 November, Day 3

Early departure, transportation, social immersion, homestay

19 November, Day 4

Social immersion, enter Africa's oldest nature reserve, lodge camp

20 November, Day 5

Wilderness Trail (savannah), primitive tent camp

21 November, Day 6

Wilderness Trail (savannah), primitive tent camp

- Primitive tent camp is our night camp, food is prepared on open fire, nature provides bath and toilet
- 8 nights in South Africa and 2 nights travelling from/to Copenhagen
- Itinerary can be changed without notice

22 November, Day 7

Wilderness Trail (savannah), primitive tent camp

23 November, Day 8

Wilderness Trail (savannah), primitive tent camp

24 November, Day 9

Wilderness Trail (savannah), lodge

25 November, Day 10

Program closing, transportation, departure from Durban Airport

26 November, Day 11

Arriving in Copenhagen

The tour plan — itinerary

Practical Information

- **Tour plan: November 16th-26th 2023**
- **The price is 30,500 DKK and includes:** All accommodation incl. food, drinks & tips, all local transportation, wilderness guides, rangers, facilitators, all activities, and special wilderness equipment.
- **Excl. travel insurance, own expenses, and flight tickets:** AVT has negotiated a group fare on 7.500 DKK (incl. transit hotel and breakfast), which can be added to the program. Flight destination is Durban – South Africa.
- **All special wilderness equipment is included:** Provided by our local partner i.e., backpack, sleeping mattress etc. You should only bring personal stuff (a full recommended pack list will be provided).
- **Physical fitness:** The daily trail walks are not strenuous – no climbs, but warm weather, river crossings, rain and uneven terrain can challenge. You should be able to carry an est. 20 kg backpack.
- **Study materials** are distributed before take-off.
- **Sounds Fantastic and a Must Do? - Next Step for more info or Sign up:** Contact Jesper Nytoft Bergmann, jnb@avt.dk or phone 70 20 88 28.
- **Deadline for sign up is August 14th.** NB: there is a limited number of seats - all seats sold out last year.

The study tour is an optional part of the AVT CBA and MBA program and allows you to omit one of the mandatory leadership courses. All students including alumni are welcome. Final assignment assessment is only required for those aiming for a course merit.



Lifetime experience guaranteed!

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CLAUS BENNETZEN

THE PERSONAL WILDERNESS LEADERSHIP JOURNEY HAS BEEN VERY IMPORTANT TO ME. THE JOURNEY HAS BEEN AN EYE-OPENER FOR ME IN RELATION TO HOW I LOOK AT PEOPLE AROUND ME AND HOW I AM PERCEIVED BY MY SURROUNDINGS

ELIS

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Learn
from
the
Best