

WILDERNESS LEADERSHIP JOURNEY

A PERSONAL DEVELOPMENT STUDY TOUR TO SOUTH AFRICA

NOVEMBER 2024

Leadership comes in multiple colors, being able to inspire and grow ... self, people and the wider community where your business operates.

Purpose of the program is multi-faceted, but has a natural focus on personal awareness and clarity of own priorities.

Learning outcomes are many, different, and individual. You will be moving into uncharted territory – leaving your comfort zone for a short period of time. Connecting and reconnecting with true wilderness has a profound impact on souls. Be immersed in rural communities with extreme and different socio-economic challenges generate reflections, perspectives, and understanding. You will step into the unknown and receive inspiration and even more questions to the complexity of life.

WILDERNESS LEADERSHIP JOURNEY PURPOSE & LEARNING OUTCOME



"The peace I found out there, as well as the peace I can find within and with myself, gives me power and clarity in my daily life"

Christoffer Riis, Publicis Sapient

Why should anyone be led by you? What is your purpose, do you make a difference, and for who? What path are you taking? Essential questions, not easy to answer but worth searching for.

AVT Business School is proud to announce that this intimate study tour will take a close look at your personal leadership track and challenge you at various levels – personal as professional. You will be immersed in a nation that has been touched by giant leaders like Gandhi and Mandela – be prepared to be inspired. Where does your inner compass lead you?

"What counts in life is not the mere fact that we have lived; it is what difference we have made to the lives of others that will determine the significance of the life we lead " - Nelson Mandela



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MARIA KANHLO

*For me, the entire journey
was an out-of-body
experience, and every
aspect of it taught me
something new*

NORDEA

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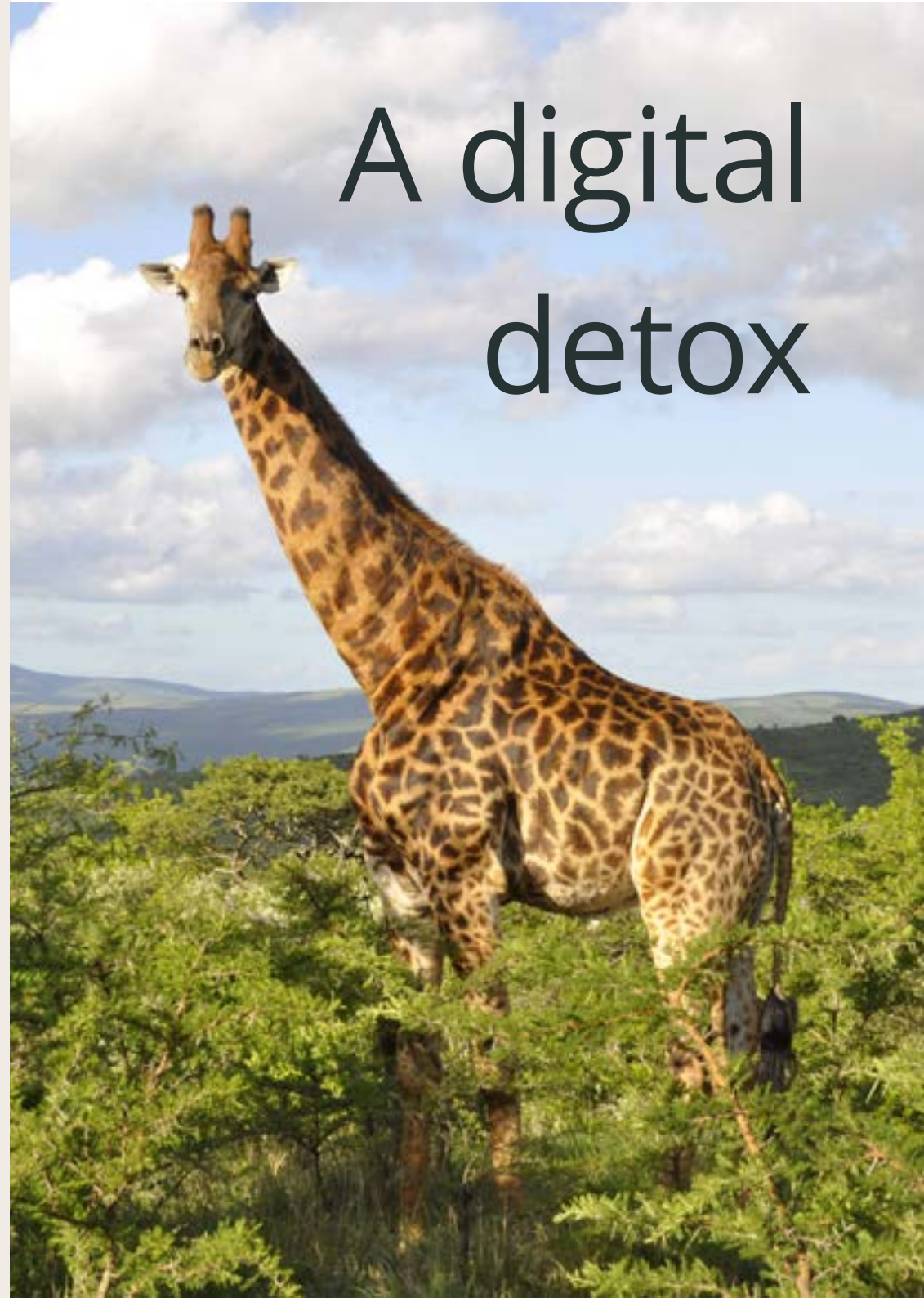
This journey is more than seeing wildlife; it's about being embedded in South Africa, about leaving the craziness of the modern world behind. For a few days live like many generations before you did to allow you to reflect on your leadership values and behavior. Get recharged!!

On arrival in the wilderness area, the group will leave the vehicles and begin on foot for the rest of the trail, 5 days. The group will carry all possessions, provisions, and food for the rest of the trail period. There is a sense of satisfaction at being able to live off your own energy during the trail and not having to rely on any other means of transport or other facilities. Places to camp are chosen for their beauty and practicality. Often you can sit in camp and watch animals going about their lives oblivious to the humans sitting nearby. Mostly, we camp near water to ensure a ready water supply.

Safety

Your guides are some of the most experienced in South Africa, specially trained for your safety, and also to facilitate your wilderness experience and give you deep, meaningful insight into the wilderness area. Your guides are certified to ensure your safety during encounters with wildlife such as Rhinos, Lions, Elephants, Buffalos and other when on foot. Allowing you to explore and experience the country at firsthand. All participants will fill in an indemnity form before leaving.

A digital detox





MAGNUS VAGTBORG

*...a powerful reminder of
the importance of self-reflection
and mindfulness, which is why
I strongly recommend
this program to anyone
who wants to step back
and reflect on their
leadership skills and
personal development*

UNITED TAX NETWORK



AVT and local partners have created a unique opportunity to live and connect with a world not known to many. This personal leadership journey will take you, among many places to people impacted by living conditions worlds apart from the privileged societies to learn and share insights. This is also a chance to bring you deep into the natural world, where only few have ever left a footprint – an opportunity to return to the human mankind's natural habitat and re-wild yourself and get inspired by the rhythm of nature.'

Rejuvenated leadership awareness

- **Extraordinary experiences** from first foot on the African soil
- **Rural communities and Wilderness overnights.** Self-made wilderness camps in the oldest nature reserve in Africa. Only bringing what you are carrying to feed you well and provide a good night.
- **Night watching** – all participants stand watch during the night for an hour or so. This is to ensure the safety of those sleeping and to check animal movement near the camp. A special time to be immersed with the African night sky, reflect on the trail, life and beyond.
- **And much more ...**



The tour plan itinerary

- Primitive tent camp is our night camp, food is prepared on open fire, nature provides bath and toilet
- 7 nights in South Africa and 2 nights travelling from/to Copenhagen
- Itinerary can be changed without notice

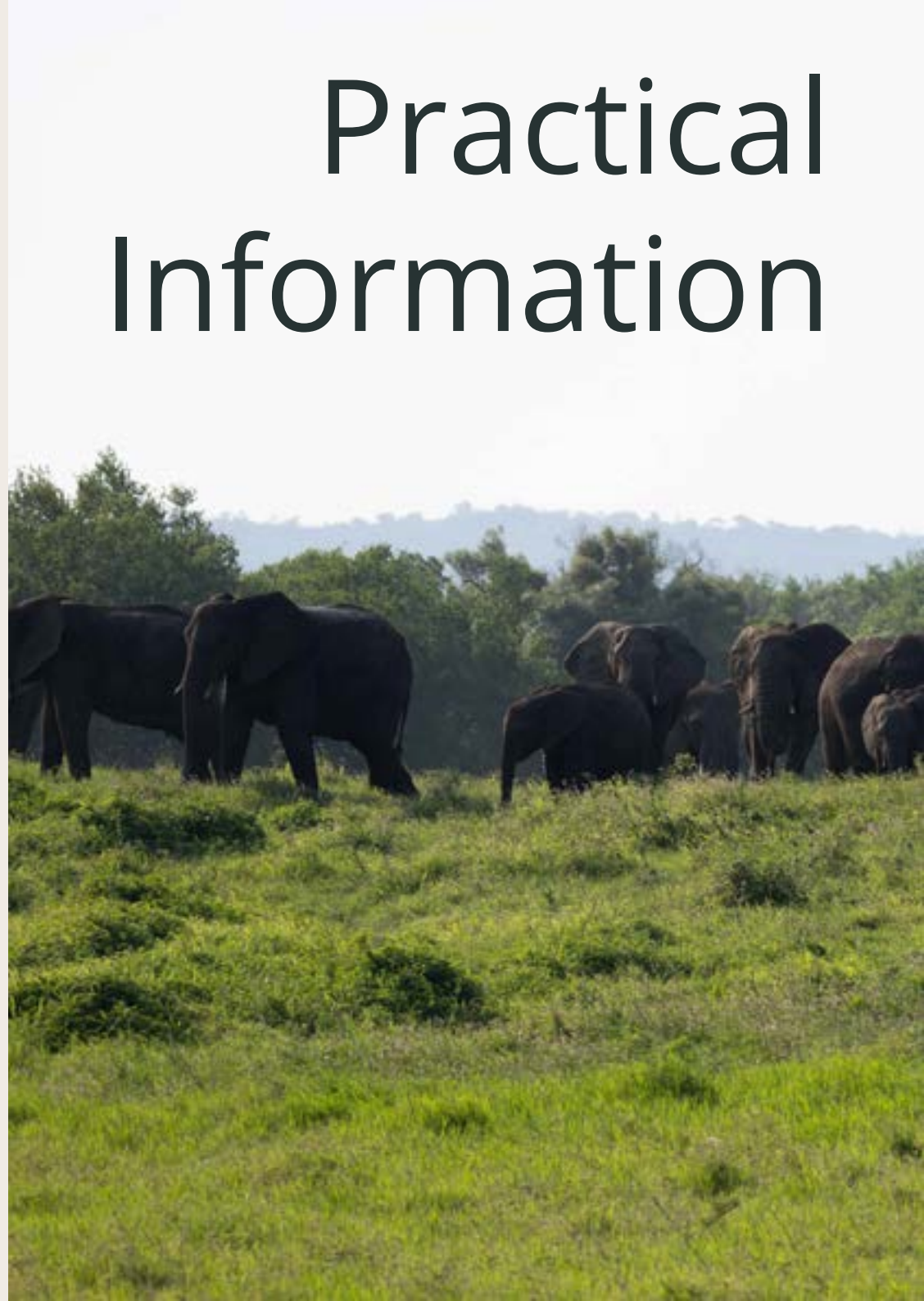


- **Tour plan: November 14th-23th 2024**
- **The price is 34,500 DKK and includes:** All accommodation incl. food, drinks & tips, all local transportation, wilderness guides, rangers, facilitators, all activities, and special wilderness equipment.
- **Excl. travel insurance, own expenses, and flight tickets:** AVT has negotiated a group fare on 8.000 DKK, which can be added to the program. Flight destination is Durban – South Africa.
- **All special wilderness equipment is included:** Provided by our local partner i.e., backpack, sleeping mattress etc. You should only bring personal stuff (a full recommended pack list will be provided).
- **Physical fitness:** The daily trail walks are not strenuous – no climbs, but warm weather, river crossings, rain and uneven terrain can challenge. You should be able to carry an est. 20 kg backpack.
- **Study materials** are distributed before take-off. Sounds Fantastic and a Must Do? - Next Step for more info or Sign up: Contact Jesper Nytoft Bergmann, jnb@avt.dk or phone 70 20 88 28.
- **Deadline for sign up is August 1st, 2024.** NB: there is a limited number of seats - all seats sold out last year.

The study tour is an optional part of the AVT CBA and MBA program and allows you to omit one of the mandatory leadership courses. All students including alumni are welcome. Final assignment assessment is only required for those aiming for a course merit.



Practical Information



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CLAUS BENNETZEN

The Wilderness Leadership journey has been very important to me. The journey has been an eye-opener for me in relation to how I look at people around me and how I am perceived by my surroundings

ELIS

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AVT Business School - Learn from the Best

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